



St. Mark – Ocean Park Anglican Church

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E-PULSE NEWSLETTER OF ST. MARK OCEAN PARK MAY 22, 2022

Wednesday, May 25 – there is a 10am Service.



Come!! Check out the "First Fruits" Garden Project

display & table at the South Wall of the Hall following both Sunday Services for seedlings, flowers, fruit, vegetables (as they grow). Donate towards Vaccines for poorer countries while taking home something fresh to enjoy. Come & learn more about this project first begun in 1992 to raise funds for refugees from Bosnia/Herzegovina. See how you might participate. **Fresh Rhubarb** today!

THERMOSTATS All the thermostats have been reset allowing for times when the rooms are not being used and when they are being used. If you want the temperature raised or lowered use the following procedure:

- 1) Do not touch the buttons on the left hand side of the thermostat
- 2) Using the arrows on the right hand side of the thermostat, raise or lower the temperature by using the up or down arrows.

Do not worry when leaving the room because the temperature will reset itself at the next reset position. Also, if raising the temperature, set the temperature at the temperature you want and not at a higher temperature.

Worthy Disciples is hosting a June BBQ event, Saturday, June 11th 12pm to 4pm and we welcome all parish members that are able to contribute to the event. We need folks that can BBQ, help set up and clean up and if you are keen on baking... wonderful, we could use some deserts too! Please reach out to Sarah at office@stmarkbc.org and I will be happy to give you more information.

We are still hoping for more parishioners to join our Safe Adult program. This program helps support our Worthy Disciples Youth Group. This is a wonderful way to give back to our Youth and help support their program. The Safe Adult program is a key element to helping our group run weekly. If you feel called to step into this role, please reach out to Sarah, Youth and Family Ministry Coordinator, at office@stmarkbc.org, and more information will be available for you. Thank you very much for your support.

READINGS FOR SUNDAY May 29 - Acts 1:1-11, Psalm 47, Ephesians 1:15-23, Luke 24:44-53

WANT TO BE INCLUDED IN SUNDAY INTERCESSIONS? If so please contact the Office at 604.535.8841 OR call or email Michael Klaver: 604.541.9598 klaverfamily@shaw.ca

FLOWERS FOR THE ALTAR – are provided this week by Jef and Shannon Poulsen to the Glory of God, with thanksgiving.

THE LUNCH BASKET FOR HUNGRY CHILDREN – by Shannon, Doug, and Bennett Jacobson to the Glory of God with thanksgiving for all His many blessings.

St Mark's Family, Youth and Children's Time

May 22, 2022 - John 5:1-9 - The Healing at the Pool

May 29, 2022 - John 17:20-26 Jesus Prays for all Believers

Subscribe to our youtube channel https://www.youtube.com/channel/UCLHs8LO-SfLIO_i0FX3hJNg or follow the link from our webpage. <http://stmarkbc.org/>

SAVVY SENIORS Get Together with chat, bridge and Rummicube in the Parish Hall Wednesday May 25 from 1pm-3:30pm. Contact: Sue Indridson sinder@shaw.ca 604-531-4931

PRAYER CHAIN – The Coordinator for the prayer chain is Lynne Hurd. You may reach her at 604.542.2772 or by email at lynneh1@telus.net

WE CONTINUE TO... LIVE STREAM our Sunday Worship. To access the online Service go to our Church's website: www.stmarkbc.org On the homepage that opens, click on the service's video, or where it says: "St Mark Online Worship Services". If you would like to watch or listen to some of our older services you may go into the YouTube archives through our Parish website www.stmarkbc.org and click on "St Mark Online Worship Services". Alternatively you can use these links: tinyurl.com/St-Mark-Online-Video-Channel OR https://www.youtube.com/channel/UCLHs8LO-SfLIO_i0FX3hJNg

THANK YOU TO THOSE WHO HAVE MADE DONATIONS FOR OUR FLOWERS

If you would like to have flowers on the Altar in May or June, please see the chart below.

The Altar Guild is willing to purchase the flowers and have them arranged. Please contact Kathryn Smith: 604-560-1455 or e-mail hkmasmith@shaw.ca

May 29	Barbara Carington Smith
June 5	Doug & Joy French
June 12	
June 19	
June 26	

Savvy Seniors Upcoming Bus Trips

Wednesday, June 22 a day trip to Fort Langley and Krause Berry Farm cost \$25 per person plus lunch.

Tuesday, October 25/Wednesday October 26 overnight trip to Chemainus to attend Wednesday Lunch and matinee performance of DEAD RINGER, a musical event starring Zachary Stevenson and his band . He is well known for his starring role in The Buddy Holly Story and will also perform other Rock and Roll favourites. The cost of this trip will be \$342 per person double occupancy, which includes the bus and ferry trip, one night and breakfast at Best Western Plus, and tickets for lunch and the play. Lunch on ferry, Dinner on Wednesday night and any other purchases will be the only additional expenses.

A single supplement of \$100 will apply to those who want a private room. For both trips there is a limit of 24 passengers on the bus. Please advise Sue if you wish to join in this fun event! A deposit of \$100 must be paid by September 1 to ensure your place. Sue Indridson 604-531-4931 sinder@shaw.ca

THE LUNCH BASKET FOR HUNGRY CHILDREN provides funding for lunches to nine single mothers and

17 children. Please help support these families by choosing a 2022 date (see chart below)

to support these families and have a dedication in the weekly Pulse. The suggested donation of \$70 can be made by e-transfer, the Donation Station, or by dropping off a cheque in the mailbox at the church office.

- email or phone Darlene W. or Barb G. with your dedication.

May 29	Heather and Geoff Higginson
June 5	
June 12	
June 19	
June 26	